

DEGOS DISEASE (MALIGNANT ATROPHIC PAPULOSIS) QUESTIONNAIRE

PERSONAL INFORMATION

Name:

Today's date:

Date of birth:

Address:

Phone number:

E-mail address:

Male/female:

Place in family:
(ie eldest of three, etc)

Height:

Colouring:
(fair, dark, etc)

Colour of eyes:

What childhood diseases/illnesses did you have, and at what ages?

HISTORY OF YOUR CONDITION

When do you think the lesions first appeared?

How old were you then?

What made you see a doctor about them?

Have you ever been diagnosed as having *pityriasis lichenoides chronica* or *pityriasis lichenoides et varioliformis acuta*?

When/where were you diagnosed, and by whom?

If possible, can you say what tests were done to confirm the diagnosis?

How many lesions did you have when first diagnosed?

Have you kept a count since?

Where are the lesions?

Do they itch?

When, especially?

Do they range in size and appearance? Can you describe them?

What treatments have you had/are you having? Please give dosages if possible.

Are any of them effective?

ULCERATION OF LESIONS

Have any lesions ulcerated?

If so, where?

Are they lesions which have joined together?

What treatment do you have for these?

How often are they dressed, and with what kind of dressing?

How long do they usually last before healing?

How would you describe the pain from these ulcers? (ie sore, sharp, severe, neuropathic (nerves affected))

What medications have you needed to control the pain?

FAMILY HISTORY

Is there a **family history** of skin problems, circulation problems (eg Raynaud's syndrome, cold feet and hands, etc), thyroid problems, hormonal imbalance, or any other which you think may be relevant?

YOU AGAIN!

Does cold weather affect you? If so, how?

Would you rather be hot or cold?

Do you travel much? If so, how? (eg, car, coach, bus, air, etc) How often?

Have you made any long-haul flights before or after your diagnosis?

Do you see any patterns in the appearance of your lesions? (e.g. in groups, along nerve lines, more on the right or the left of your body, etc)

Although stress is subjective and therefore very hard to quantify, do **you** think stress has played a part in your development of Degos?

Do you think any other organs are affected apart from your skin?

If so, how long after your skin was affected did the other symptoms appear?

Organ: after years and months

Organ: after years and months

Organ: after years and months

Organ: after years and months

How well do you feel?

Are you working? If so, what do you do?

What is your theory about what may have triggered this condition in **you**?

Do you have any other theories/thoughts you could share about how this condition came to affect you?

Once completed please send to: Judith Calder, Wren Cottage, 53 Mill Road Avenue, Angmering, West Sussex, BN16 4HX. UK